

Translation from Bulgarian into English language

Patient's ID No. 7303274122 Regional health Insurance Fund – No. 15 Health region – 08 Patient's name – first, middle, last as in identity card Rostislav Georgiev Dinkov DOB: Country Code - BG Address: 5 Hristo Botev Blvd. Pleven town	Physician – 1524121235 Registration No. of health establishment 1600000456 Identification number of the physician 18 Dr. Diana Barkashka Code of specialty name & surname
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OUTPATIENT'S REPORT No. 000175 date: 30 Jan 2020 time: 08:10

To be filled by a physician specialist to direction (forms 3, 3A, 6)

Type of the form – form 3 No. 000217 type 1 of date 27 Jan 2020

From 1524111118 1600001441 00

Code of specialty

Visit for: consultation

Type of examination: outpatient's
primary

Main diagnosis: ICD F25.1 Schizoaffective disorder, depressive type

Medical history:

The onset of the mental disorder was in 2014, when he gradually became tense, being afraid of malicious people. He felt impact in various forms. He did not sleep at night. He was depressed. He hardly coped with the daily duties. He was treated at outpatients' healthcare and in 2015, 2016 and 2017 in a Psychiatric Clinic in Helsinki-Finland. In 2018 he was treated in the Psychiatric Clinic Pleven.

From the physical examination:

Medical history - The disease takes a course with attacks, with subsequent light periods, followed by good social adaptation. Depressive affect dominates. Currently, he came for an examination with dysthymic mood, complaining of insomnia. His grandmother on his father's side suffers from depressive episodes. She was treated at the Psychiatric Clinic – Pleven.

Investigations:

Objectively – In contact. Universally oriented, critical. Emotionally – dysthymic. Volition – relevant, normobulic. No findings of sensory delusions. Thinking process - correct in form and speed, without deviations in content.

Memory and intelligence - preserved. RR = 120/80mm Hg. Heart rate = 73 beats per min.

Therapy:

1. Citalopram - tb. 20mg. - S. 1tb. in the morning.
2. Hedonin - tb.25mg. - S. 1tb. at 10 p.m.

Code of the specialized or highly specialized actions / code of the prescribed/done procedures for physical and rehabilitation medicine

Primaryl examination at outpatients or home conditions with taking down of medical history, general and local status	89.03
Mental status investigation	94.11
Follow-up the medication effect	94.25

I am informed about the needed medical actions, the therapy and the expected results.

I declare that I mot hospitalized at the time of the examination.

Patient: /parent, guardian/ (sgd.ill)

Physician (sgd.ill)

Seal of Dr. Diana Barkashka – Specialist – Psychiatrist

I, the undersigned Elena Georgieva Atanassova, certify the fidelity of the translation made by me from Bulgarian into English language of the enclosed document – Outpatient's Sheet No. 000175 of 30 January 2020. The translation consists of 2 (two) pages.

Translator:

Elena Georgieva Atanassova